

BREAKFAST MENU

 $\label{eq:All prices} All \ prices include \ VAT \ at the standard \ rate.$ We add an optional 10% service charge to your bill of which 100% is paid to the hotel team.

Some of our food and drinks may contain nuts and other allergens. If you have any special dietary requirements, please speak to a member of our team before placing an order so that we can advise you on your choice. As we handle all allergens in our kitchens, we unfortunately cannot guarantee to be trace free. Adults need around 2000kcal a day.

GRAINS

Banana, Apple & Pecan Porridge 520kcal

Oats, apple, roasted banana, pecan nuts, coconut flakes, cinnamon, maple syrup

Homemade Granola 556kcal

Oats, maples syrup, coconut flakes, pumpkin seeds, dried cranberry, sultanas, hazelnuts, greek yoghurt, wild flower honey

Matcha Bircher 156kgal

Matcha & almond butter overnight oats, bee pollen, lemon zest

Breakfast Chia 129kcal

Chia seeds soaked overnight with coconut milk, blueberries, coco nibs & maple syrup

PASTRIES & TREATS

Pain au chocolat 310kcal • Plain croissant 224kcal • Granola bar 307kcal

Banana muffin 222kcal • Fresh fruit salad 45kcal

YOGHURT

Plain greek yoghurt 160kcal • Greek yoghurt, berry compote 272kcal

Coconut yoghurt, berry compote 207kcal

JUICE

Orange juice 82kcal • Somerset organic farmed apple juice 92kcal Cold press green juice, kale, spinach, apple, ginger & lime 234kcal

TEA & COFFEE

English Breakfast • Earl Grey • Assam • Jasmine • Lapsang Souchong Green • Fruit Berry • Lemon Verbena • Peppermint • Camomile

Double Espresso · Americano · Latte · Cappuccino · Flat White Mocha · Rooibos Flat White / Latte · Chai Latte · Hot Chocolate

Also available decaffinated

MAINS

Traditional Full English Breakfast 501kcal

Grilled streaky bacon, pork & leek sausage, tomato, mushroom, black pudding with fried, poached or scrambled eggs

Full Nourish 656kcal

Free range eggs, chickpea & green pea falafel, roasted tomato, shimeji mushroom, crushed avocado, beet hummus, spinach, beet black pudding, toasted sourdough

Omelette Arnold Bennett 481kcal

Smoked haddock, parmesan, chives, hollandaise sauce

Avocado on Toasted Sourdough 605kcal

Free range poached eggs, crushed avocado, pesto, Pomegranate, sesame za'atar, caramelised mushrooms, toasted pumpkin seeds & chilli dressing

Smoked salmon & scrambled egg 543kcal
Scrambled egg, slices of smoked salmon, lemon

Eggs Benedict 520kcal

Poached eggs, Wiltshire ham hock, hollandaise sauce, toasted sourdough

Eggs Florentine 500kcal

Poached eggs, spinach, hollandaise sauce, toasted sourdough

Eggs Royale 603kcal

Poached eggs, smoked salmon, hollandaise sauce, toasted sourdough