

THE GARDEN SPA
AT THE BATH PRIORY HOTEL

Body Treatments

Full Body Massage- fifty-five minutes £60.00

Full Body Massage, including scalp and face - one hour & twenty-five minutes £90.00

Back, neck and shoulders Massage - twenty-five minutes £30.00

Back, neck and shoulders Massage including scalp and face – forty minutes £45.00

Reflexology - fifty-five minutes £60.00

An ancient therapy that links the reflex zones on the feet to specific parts of the body to give a completely relaxing and rebalancing treatment

Tranquility Scalp - twenty-five minutes £35.00

Inspired by Oriental techniques, this aromatherapy massage has been developed specifically for the head, neck and shoulders for deep relaxation

Decleor

The Classic Aromatic Facial – fifty-five minutes £60.00

This multi-active, 100% natural treatment is tailored to every skin type. Your therapist selects products to correct any major imbalances in your skin. At the heart of this treatment is a mask with Linseed, Wheat Germ and Sunflower. Your major needs are met to perfection and your skin feels soft, smooth and refreshed.

The Expert Aromatic Facial – one hour & ten minutes £70.00

These targeted treatments provide an expert response to the needs of every skin type. Even the most demanding skin is satisfied. You'll notice a difference after the very first treatment, and with regular use, the results are stunning! Your therapist will recommend the correct treatment for you.

Aroma Express Facial - twenty-five minutes £30.00

Cleanse, tone, an exfoliation and a mask to give your skin an instant boost.

'Aroma-Envelopments' - one hour & ten minutes £75.00

A creamy body mask is at the heart of all these treatments - tailored to meet your specific requirements - relaxing, stimulating, detoxifying or firming. All envelopments include exfoliation, application of aromatic body balms and a moisturising body lotion to soften your skin and leave you feeling replenished.

Aroma Leg and Foot Relief - twenty-five minutes £35.00

A relaxing and nourishing treatment for the feet - they are cleansed with hot towels, before a circulation-increasing massage is performed on the entire lower leg.

LI'TYA

Lowanna - one hour & ten minutes £75.00 (Facial, hand and foot treatment)

A rejuvenating treatment designed to rebalance tired and stressed conditions, the skin is treated with powerful actives and potent native plant essential oils and extracts to heal, smooth and restore vitality.

Caring for all the zone therapy areas - the hands, feet and head – this treatment recharges the body and enhances overall equilibrium.

Mala Mayi Wrap - one hour & twenty-five minutes £90.00 (Body mud treatment)

Unwind, invigorate and celebrate with this complete rejuvenation experience. First energise and nourish with a full body aromatic oil and desert salt exfoliation. Then calm and revitalise the spirit, cocooned in warm body mud, which cleanses and delivers essential nutrients to the skin, whilst you receive a Paudi scalp massage. After a shower you then surrender your body and soul to a rhythmic Kodo massage.

Sapphire Sea Wrap - relax, unwind and nourish your body with this complete detoxifying, cell rejuvenating and anti-ageing full body experience. To begin you will be energised and re-mineralised with a Native Mint Sea Salt body exfoliation before being cocooned in warm and vitamin packed Pearl & Kelp Body Mud which works to detoxify and deliver essential nutrients to the skin, whilst you enjoy an Aboriginal inspired LI'TYA PAUDI scalp massage. You will then surrender your body and soul to a rhythmic LI'TYA SUSU DEW massage to complete this truly holistic experience.

Kodo - fifty-five minutes £70.00 (Body massage)

This rhythmic body massage is designed to tone and re-align energy flow, enhancing mind and body balance and wellness. A combination of pressure points and spiraling movements ground and uplift, leaving the body's energies laughing with joy. A choice of native aromatic oils is prescribed to address individual client needs – to rejuvenate, harmonise or detoxify.

Mikiri - fifty-five minutes £60.00 (Facial treatment)

This deeply cleansing and refining treatment eliminates toxins, renews, restores and nourishes the skin. A tailor-made facial for the individual using herbal masks, and revitalising facial and scalp massage to target specific problem areas including skin sensitivities, dehydration and congestion.

Kodo Gubbera Rocks – fifty-five minutes £85.00 (Hot stone treatment)

Using hand carved ancient primordial stones from North-Western Australia and rhythmic Kodo massage techniques, this treatment tones and re-aligns energy flow, enhancing mind and body balance and wellness. The powerful healing properties of these special rocks, integrated with the Kodo, combine to achieve powerful healing within the body, relieving muscular, physical and emotional tension.

The Dreaming - two hours & fifty-five minutes £180.00 (LI'TYA Signature face and body treatment)

‘In the beginning was the Dreaming, the unseen vibration of creation.’

Relax, revitalise and rejoice with our signature treatment to reconnect body, mind and soul, from head to toe and from outside in. The adventure includes; a Miji Jina foot pamper, a Mala Mayi body wrap, a Kodo body massage, a Paudi head massage, a Mikri facial and a Miji Polama hand pamper. The skin of the face and body is cleansed, invigorated, restored and nourished, tired muscles are eased and energised, and all the body systems are rebalanced and rejuvenated. Nurturing your energy and emotions, the soul is left refreshed and smiling with delight.

The Garden Spa Signature Treatment - The Awakening

The treatment will begin with soaking the feet in earthy aromatics and Australian flowers and berries. A Blue Cypress Body Gel will cleanse impurities whilst warm exfoliation mitts will glide over the body to encourage softening of the skin and gently buff away dead skin. Surrender, then, to the rhythmic flow of the Kodo Massage using your choice of Aromatic Oils, included is the warm Quandong Hair Mask that is massaged in to the scalp to nourish the hair. The journey then completes with the face being treated to a

cleanse and exfoliation with potent native plant essential oils and extracts to heal smooth and restore vitality before the final touch of the Facial Pressure Point massage.

Ninety minutes (treatment time one hour and twenty minutes) £90.00

Glominerals

Make-up lesson – fifty-five minutes £60.00

Price includes £20 to spend on retail products of your choice. (No discount if products are not purchased)

Special Occasion Make-up – one hour & ten minutes £60.00

A Make-up trial is recommended before this treatment to decide on colours and style.

Make-up trial – fifty-five minutes £40.00

Teen Make-up lesson – fifty-five minutes £50.00

Price includes £10 towards retail products of choice (No discount if products are not purchased).

Jessica

Jessica Luxury Manicure - fifty-five minutes £40.00

Your hands are treated to a massage with hydrating balms and then placed in warm mitts to intensify the reaction. Your nails will be perfectly shaped, cuticles conditioned and gently pushed back, and then we finish with a nail colour of your choice.

Jessica Zen Spa Pedicure - fifty-five minutes £45.00

Treat your feet to a revitalising experience. This includes exfoliation, nourishing soufflé, a foot massage and an intensifying mask. Your therapist will work on the cuticles and nails, and finish with a nail colour of your choice.

For Men

Men's Hand & Nail Grooming - twenty-five minutes £25.00

A conditioning treatment to soften the hands. Your nails will be perfectly shaped, cuticles conditioned and gently pushed back, before finishing with a relaxing hand massage.

Executive Footcare for Men - forty-five minutes £35.00

A luxurious foot treatment to help prevent the build up of hard skin and calluses. Your therapist will work on the cuticles and nails and finish with a relaxing foot massage.

Express Energy Treatment – twenty-five minutes £30.00

Detoxifying & refreshing facial treatment for men only

Intensive Energising Face Treatment – one hour & ten minutes £70.00

Purifying & replenishing facial treatment for men only

Intensive Energising Body Treatment – fifty-five minutes £70.00

Exfoliating & de-stressing treatment for men only

Treatments for pregnancy

Mother-to-be - one hour & twenty-five minutes £90.00

A carefully tailored programme of safe, effective and wonderfully relaxing treatments focusing on preventing the appearance of stretch marks, reducing water retention, restoring comfort to aching legs and rebalancing pigmentation and complexion problems. You can receive this treatment from 14 weeks right up until your due date.

Marma Kodo - fifty-five minutes £70.00 (Mother-to-be massage)

This rhythmic body massage is designed to tone and re-align energy flow, enhancing mind and body balance and wellness. Integrating the traditional elements of the Kodo, the Marma Kodo works to nurture the pregnant mother and child.

We would also recommend

Reflexology, Jessica Zen Spa Pedicure, Jessica Luxury Manicure or Facials

For pregnant women

Women less than 14 weeks or have had any problems with the pregnancy may only have a manicure or pedicure. Please call the Spa if you have any questions.

Waxing, Tanning & Eye Treatments are also available